

60 SECONDS CHIEF

<p>QUESTIONS</p>	 <p>Dr B.S. Tiruvadanan Consultant surgeon Gastroenterology Chennai</p>	 <p>T. Manoharan MD Ajinomoto India Pvt Ltd Chennai</p>	 <p>Jayaram Krishnan CEO American Megatrends India Pvt Ltd Chennai</p>	 <p>Aadith D. Vikram MD & Vice-Chairman PGC Industries Tirupur</p>	 <p>Vidhya Srinivasan COO Integrated Brand-Comm Pvt Ltd Chennai</p>
One teacher I remember, and why.	Dr M.M.Cooper, Prof. of Anatomy, for his ability to make a difficult topic simple.	Terasa, my sixth class teacher, who taught us to lead.	My physics teacher, who ensured that we did no learn mechanically.	Collin Bottemley, who said that assumptions must be justified.	My dad, who taught me to go on doggedly - come what may.
One most valuable work lesson, thus far.	Good work has its reward. Nothing can stop it.	Complete jobs. Don't keep things pending.	Don't procrastinate. You will be bogged down if you do so.	Smart hard work works.	Give your best to life today. Everyday is overtaken by competition.
One thing I look for the most in a new recruit.	Commitment to work and understanding he/she is part of the team.	Learning attitude.	Attitude.	Ready to learn new things and commitment to work.	The right attitude.
One thought from a book that I am currently reading.	You've got to dream to have a vision.	Be a leader (<i>The Monk who told his Ferrari</i>)	Live life for the moment.	Most successful businesses are a result of a vision which one believes in.	"Even If I am in trouble - I might as well enjoy it" (Pip in <i>Great Expectations</i>).
One tip for time management.	Do not keep looking at the clock.	Being in a Japanese workspot. Punctual 100 per cent.	Make a list with priorities set in.	Address when low in urgency and high in importance.	Prioritise.
One key thing in my fitness routine.	To walk and walk more whenever possible.	40 minutes brisk walk.	Ensure it has variety and is not routine.	Run 30 minutes every day.	A good night's sleep.
One signal that tells me there is a problem.	Keep thinking about the same issue.	Instinct.	You can smell it a mile away.	People not believing on the business-wide concept.	Over communication.
One technique for handling anger.	Count up to fifty.	Putting yourself on the other side.	Pause and take a deep breath.	Count to 10 and think before you talk.	Silence, deep breathing and a glass of water.
One essential ingredient in my investment portfolio.	Reading and knowledge.	Divide and rule between real estate, shares.	Long-term planning.	Invest with passion and manage professionally.	Real-estate.
One good thing about the new generation.	They think they are better than us.	No fear of future.	Their confidence.	Welcoming new ideas.	Energy. Unbridled thinking.
One worrying thing about the young.	Will be getting old in due course.	Not committed.	They know more about most things than their parents.	Increasing spending trend.	No commitment.
One thing that clinches a deal.	Talking with eye contact and being down to earth.	Perseverance.	An USP slammed in at the right time.	Win/Win.	Honesty.
One definition of values.	Freedom to express opinion without inhibitions.	Sincerity.	A way of life perhaps?	Long-term durability.	To speak what you do. Do what you speak.
One way that I use for resolving conflicts.	To make people see reason without pointing the blame.	Detailing.	Meet it firmly and fairly.	Talk it out.	Talk it out and do not be judgmental.
One favourite activity when travelling.	Reading and exploring.	Sudoku.	Reading.	Enjoy the journey.	Window-shopping.
One indicator of performance.	To do a good job in even time.	Sense of achievement.	Growth.	Outcome of result.	Results.
One macroeconomic variable I keenly watch.	Share market index.	How Indians are viewed abroad.	The dollar-rupee movement.	Financial vs economic strength (they are different).	Forex.
One dream I'd like to chase, later in life.	Travel and see places.	Reading whatever I haven't.	Get immersed in classical music.	When I feel that I have done it all.	Start a restaurant.
One good way to foster innovation.	To say that you should find the solution.	Motivation.	Give a free rein to ideas.	Let people speak a lot and you do it too.	Allow people to make mistakes.
One clue that tells me I'm the leader.	While giving various options, finding I have to make the final decision.	Quick problem solving (solution provider).	The buck stops with me.	Ready to accept victory and take failure as a point to learn from.	I am able to bring out the best in my team.